





ERASMUS+ PROJECT

Let's do sports, collaborate and educate/ Sportujme, spolupracujme a vzdělávejme se

2016-1-CZ01-KA201-024369

PROGRAMME

Short-term exchanges of groups of pupils

27. 5. - 2. 6. 2018

Rájec - Jestřebí (Czech republic)

27 May (Sunday)

cca 18.00 - arrival, lodging (camp Merkur - Pasohlávky)

19.00 - dinner, restaurant - U Laguny

20.00 - welcoming, information about the stay in camp, short walk aroud Pasohlávky

28 May (Monday)

8.00 - breakfast
8.30 - preparation for programme of the camp - sports activities
9.00 - 12.00 - Sports activities - I. group: Cycling - 25 km, route: camp - Mikulov II. group: Water sports - in the camp
12.00 - 15.00 - lunch and sightseeing in Mikulov - exploring the surrounding area, Mikulov, Saint Hill - sv. Kopeček
15.00 - 18.00 - Sport activities - I. group: Water sports - in the camp II. group: Cycling - 25 km, route: Mikulov - camp
18.30 - dinner
20.00 - 21.30 - welcome party, dancing, folk dancing, fire, celebration

22.00 – go to bed

29 May (Tuesday)

8.00 - breakfast
9.00 - 12.00 - Sport activities - I. group: Cycling - 27 km II. group: Water sports - in the camp
12.00 - 14.00 - time for relaxing, break
14.00 - 17.30 - trip: Lednice castle and its surroundings or walking Pálava
18.00 - dinner
19.00 - 21.30 - race in non-traditional types of sport
22.00 - go to bed







30 May (Wednesday)

7.30 - breakfast8.30 - 11.00 - Sport activities - I. group: Water sports - in the camp

II. group: Cycling – 27 km

- 11.00 packing luggage
- 11.30 departure to Brno
- 12.00 16.00 sightseeing in Brno, shopping, buy meals
- 16.15 departure to Rájec Jestřebí
- 17.00 accomodation in families (students)

31 May (Thursday)

8.00 - meeting at school, guided tour aroud the school

8.00 – 12.00 – welcoming; meeting with the mayor/deputy mayor and representatives of Rájec-Jestřebí district municipality, students' presentations

12.00 - lunch at school

12.45 - departute to Punkva caves - Moravian carst

14.20 - guide tour in Punkva caves, Punkva abbys and exploring Moravian carst

16.30 - departure to Rájec - Jestřebí

17.00 - Evening activities (in families e.g. excursion around the town)

1 June (Friday)

8.00 - meeting at school

8.00 – 12.00 – Activities at school – I. group: work with GPS

II. group: organization of sports competiton

After 2 hours – changing groups

12.00 - lunch at school

13.00 - 16.00 - project activities - cycling, non - traditional sports

16.00 - departure to families, evening activities in families

2 June (Saturday)

Day in families – trip

17.00 – meeting at castle Rájec – Jestřebí: closing meeting, evaluation competiton, certificate, dinner, departure